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# Extraintestinal infections caused by nontyphoidal *Salmonella* from a tertiary care center in India

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## Abstract:

**BACKGROUND:** Infection with *Salmonella* has become an increasing problem worldwide. Recently, nontyphoid *Salmonella* (NTS) has become a global concern causing threat to the health of human. It causes gastrointestinal infection which may be self-limiting, but invasive infections may be fatal, requiring appropriate therapy. This study was done to analyze the spectrum of NTS infections causing extraintestinal infections and its susceptibility pattern from a tertiary care center in India.

**MATERIALS AND METHODS:** The medical records of 27 patients whose cultures were positive for NTS between the years 2013–2016 were included in this retrospective study. The relevant demographic, clinical, and laboratory data were analyzed.

**RESULTS:** Among the 27 patients, predominant patients were in the age group of 20–30 years. The male to female ratio is 1.7:1. *Salmonella* typhimurium was the predominant NTS isolated among 15/27 (55.5%), followed by *Salmonella* enteritidis 4/27 (14.8%). 18/27 (66.6%) of NTS were isolated from blood. Nalidixic acid was sensitive in 2/15 of *S. typhimurium*, 2/4 of *S. enteritidis* and 1/3 of *Salmonella* weltevreden, while others are nalidixic acid-resistant implying resistance to quinolones. They were sensitive to other antibiotics reported.

**CONCLUSION:** This study highlights the spectrum of NTS causing extraintestinal infections which is an emerging infection occurring mostly in immunosuppressed individuals. There should be a high degree of clinical suspicion which would help in the early diagnosis and management of patients.

## Key words:

Extraintestinal, focal, immunocompromised, invasive, nontyphoid *Salmonella*

## Introduction

*Salmonella* is an enteroinvasive bacterium which on ingestion bypass gastric defenses, multiply, and penetrate the intestinal mucosa.<sup>[1]</sup> Infection with *Salmonella* has become an increasing problem worldwide. *Salmonella* is an important human pathogen comprising different serotypes of medical importance which can lead to considerable morbidity and mortality.<sup>[2]</sup> There are 2600 serovars of *Salmonella* which are divided into typhoidal and nontyphoidal *Salmonella* (NTS).<sup>[3]</sup> They cause a wide range

of intestinal and extraintestinal infections.<sup>[4,5]</sup> Recently, NTS has become a global concern causing threat to the health of human. It causes gastrointestinal infection which may be self-limiting, but invasive infections occurring in the extraintestinal sites such as blood, bone, and joints, meninges may be fatal, requiring appropriate therapy.<sup>[2,6]</sup> The global burden of NTS is 3.4 million annually.<sup>[7]</sup> There were few studies about NTS causing extraintestinal infections from India.<sup>[8]</sup> The prevalence of NTS serotypes helps in epidemiological and treatment purposes.<sup>[9]</sup> This study was done to analyze the spectrum of NTS infections causing extraintestinal infections and its susceptibility pattern from a tertiary care center in India.

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## Materials and Methods

The medical records of 27 patients whose cultures were positive for NTS between the years 2013–2016 were included in this retrospective study. The relevant demographic, clinical, and laboratory data were analyzed. The samples included blood, urine, purulent aspirates and body fluids. Blood was collected in 2 sets of blood culture bottles within 24 h, 10 ml each in standard and FAN plus aerobic blood culture bottles and incubated in BacT/AlerT three-dimensional continuous monitoring blood culture system. Positive blood cultures and clinical samples were subcultured on 5% sheep blood agar and chromogenic agar (CPS ID, bioMerieux, Marcy l'Etoile, France) and incubated at 37°C for 48 h. Identification and antimicrobial susceptibility of the colonies were done by the Vitek-2 compact system in the laboratory.

The antibiotics tested were ampicillin 10 µg, ceftriaxone 30 µg, ceftazidime 30 µg, cefepime 30 µg, piperacillin-tazobactam 100/10 µg, ciprofloxacin 5 µg, levofloxacin 5 µg, cotrimoxazole 1.25/23.75 µg, and nalidixic acid 30 µg as per CLSI guidelines (2016). Isolates identified as *Salmonella* were sent to Central Research Institute, Kasauli, Himachal Pradesh, India, for serotyping.

## Results

Among the 27 patients, predominant patients were in the age group of 20–30 years [Figure 1]. The male to female ratio is 1.7:1. *Salmonella typhimurium* was the predominant NTS isolated among 15/27 (55.5%), followed by *Salmonella enteritidis* 4/27 (14.8%), *Salmonella lindenber* 3/27 (11.1%), and *Salmonella weltevreden* 3/27 (11.1%) [Table 1]. 18/27 (66.6%) of NTS were isolated from blood. The other sites include urine, pleural fluid, synovial fluid, ascitic fluid, and pus [Table 2]. Nalidixic acid was sensitive in 2/15 of *S. typhimurium*, 2/4 of *S. enteritidis*, and 1/3 of *S. weltevreden*, while others are nalidixic acid resistant implying resistance to quinolones. They were sensitive to other antibiotics reported. Most

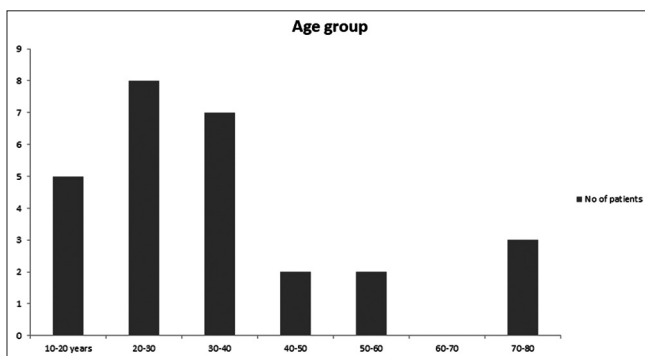


Figure 1: Demographic characteristics of nontyphoidal *Salmonella*

of the patients were immunocompromised among which systemic lupus erythematosus (SLE) was the most common condition in 40.7% of the patients. The other risk factors were listed in Table 3.

## Discussion

NTS is a zoonotic infection acquired from contaminated food of animal origin in industrialized countries.<sup>[7]</sup> NTS is found in the gastrointestinal tract of animals and birds. It is transmitted to human beings through contaminated food and water with animal products and excreta.<sup>[9]</sup>

NTS is endemic in Sub-Saharan Africa causing bacteremia in children and adults,<sup>[5,10]</sup> but the burden of NTS in India

Table 1: Total no of isolates n=27

Organism	Antigenic formula	No of isolates	Percentage
<i>Salmonella typhimurium</i>	1,4,12:i:1,2	15	55.5
<i>Salmonella enteritidis</i>	1,9,12:g, m:-	4	14.8
<i>Salmonella lindenber</i>	6,8:i:1,2	3	11.1
<i>Salmonella weltevreden</i>	3,10:r:z6	3	11.1
<i>Salmonella kentucky</i>	8,20:i: z6	1	3.7
<i>Salmonella choleraesuis</i>	6,7:c:1,5	1	3.7

Table 2: Sample wise distribution of nontyphoid *Salmonella*

Sample	Organism	Number of patients	Percentage
Blood (n=18)	<i>Salmonella typhimurium</i>	9	66.6
	<i>Salmonella enteritidis</i>	3	
	<i>Salmonella lindenber</i>	3	
	<i>Salmonella weltevreden</i>	3	
Synovial fluid (n=3)	<i>Salmonella typhimurium</i>	2	11.1
	<i>Salmonella kentucky</i>	1	
Pus (n=2)	<i>Salmonella typhimurium</i>	1	7.4
	<i>Salmonella choleraesuis</i>	1	
Urine (n=2)	<i>Salmonella typhimurium</i>	1	7.4
	<i>Salmonella enteritidis</i>	1	
Pleural fluid (n=1)	<i>Salmonella typhimurium</i>	1	3.7
Ascitic fluid (n=1)	<i>Salmonella typhimurium</i>	1	3.7

Table 3: Risk factors in patients with nontyphoid *Salmonella*

Risk factor	Number of patients
SLE	11
Haematological malignancy (ALL, AML)	2
Myeloproliferative disorder	1
Malignancy	1
Cirrhosis of liver	2
CKD	1
Postoperative (mitral valve replacement, Fracture femur)	2
PUO	7

AML=Acute myeloid leukemia, ALL=Acute lymphoblastic leukemia, CKD=Chronic kidney disease, SLE=Systemic lupus erythematosus, PUO=Pyrexia of unknown origin

is not clear. NTS is an important cause of foodborne gastroenteritis which is self-limiting<sup>[11]</sup> and there is no long-term carrier status in NTS like *S. typhi*.<sup>[3]</sup> Infection with NTS occurs mostly in immunocompromised hosts and among the patients with gastroenteritis, 5% develop bacteremia who have a tendency to develop focal infections also.<sup>[6]</sup>

There is a high chance of infection with NTS as the age increases, both children and adults are affected.<sup>[4]</sup> In our study, most of them were in the age group of 20–40 years, and there is no significant increase of infection with increased age. Males are most commonly affected<sup>[4]</sup> which is similar to our study.

Among the NTS, *S. typhimurium* and *S. enteritidis* are the most common human pathogens.<sup>[12]</sup> In a study from the United States, they found that *S. typhimurium* is the most common NTS isolated accounting for 24%.<sup>[13]</sup> The common source of infection includes meat, poultry, and water.<sup>[14]</sup> In a study from Malawi, they found that *S. typhimurium* is the most common NTS isolated accounting for 76% and 75% in children and adults respectively and *S. enteritidis* accounted for 21%.<sup>[15]</sup> In our study, *S. typhimurium* was the most common NTS isolated from 15 patients from different samples as mentioned in Table 3. The risk factors among these patients were SLE on steroids in 6/15 patients, 5/15 patients were cases of pyrexia of unknown origin (PUO) where there was no underlying cause, one patient with malignancy, two patients with cirrhosis of liver, one in the postoperative patient.

In developed countries, like the United States *S. enteritidis* is one of the common serotypes causing human infections. In 1980, there was outbreaks of *S. enteritidis* in the United States and they found eggshell as the source of infection.<sup>[16,17]</sup> In a study from South India, they isolated 71.4% of *S. enteritidis* from eggshell and egg storing trays.<sup>[18]</sup> In our study, we isolated four cases of *S. enteritidis*, one from a patient with acute myeloid leukemia (AML), one from a postoperative patient and two from cases of PUO. As this was a retrospective study, the source of infection of NTS could not be traced in our patients.

We isolated three cases of *S. lindenbergl*, two from blood cultures of patients with SLE and one from a patient with chronic kidney disease (CKD). *S. lindenbergl* differs from *S. typhimurium* in having C2 serogroup O antigens.<sup>[19]</sup> To the best of our knowledge and literature search, this is the first report of *S. lindenbergl* from blood cultures isolated in our patients.

In a study from Thailand, *S. weltevreden* has been reported as one of the most common causes of human infections.<sup>[20]</sup> In 1970, it accounted for <4% of

human infections in India but increased to 29.1% of human infections in 1972.<sup>[21]</sup> From India, cases of food poisoning<sup>[22]</sup> neonatal sepsis,<sup>[23]</sup> surgical site infection like postcholecystectomy<sup>[24]</sup> have been reported. In our study, we have isolated three cases of *Salmonella weltevreden* from blood of SLE patients on steroids.

*S. Kentucky* was first reported in Egypt during 2002–2005. There was an increase in infections in Europe during 2005–2008, probably acquired through imported food or secondary contamination in the absence of travel to other countries.<sup>[25]</sup> Although it is rarely causes infection in human, it was found to occur in people travelling to North Africa and South Asia.<sup>[26]</sup> In our study, we isolated *S. Kentucky* from synovial fluid in a case of ALL with septic arthritis.

Among NTS, *S. Cholerasuis* causes severe infection in human beings. Though it is rarely reported in the United States and Canada, it ranked 10<sup>th</sup> among NTS in Thailand during 1988–1993 and is the second common human Salmonellosis causing serotype in Taiwan.<sup>[27]</sup> It causes bacteremia and may lead to extraintestinal infections without local invasion.<sup>[28]</sup> The first case of bacteremia from India was from an adult febrile patient in whom *S. Cholerasuis* was isolated from both blood and urine cultures.<sup>[27]</sup> In our study, we had one patient with myeloproliferative disorder, and *S. Cholerasuis* was isolated from chest wall abscess from the patient.

NTS causes bacteremia in immunocompromised hosts, and it is considered as a life-threatening condition in adults. In a study from Taiwan, they found 206 patients with NTS bacteremia over a period of 10 years with 36.2% of patients having an underlying clinical illness.<sup>[29]</sup> In a study from Bangladesh, they found that NTS accounts for <0.2% of all blood cultures.<sup>[30]</sup> The immune system of the patient helps in defense against NTS; and hence, immunosuppressed status should be checked in a patient with primary NTS bacteremia.<sup>[31]</sup> In a study from Poland, they found that half of the patients were immunosuppressed from conditions such as SLE, hematological malignancies, renal transplantation, liver cirrhosis, and HIV infection.<sup>[32]</sup> It also occurs in patients on steroids, malignancy, chronic renal or liver disease, diabetes, or sickle-cell disease, and elderly and newborn patients.<sup>[33]</sup> We isolated 18/27 of NTS from blood-seven of them were PUO, one patient with CKD, one with cirrhosis, one with postoperative case of mitral valve replacement, one patient with AML on chemotherapy and seven patients with SLE on steroids. Out of 18, 11 patients had an underlying disorder, but in seven patients, the cause was unknown. NTS can cause local infection of any site by hematogeneous spread even though the bacteremia was successfully treated.<sup>[6]</sup> It can also occur in patients with structural abnormalities

involving cardiovascular system as valvular heart disease, aneurysms or atherosclerosis, urinary tract, and bony abnormalities.<sup>[14]</sup> Metastatic spread to any site is common with NTS. Focal infections such as cutaneous abscess, arthritis, peritonitis occurs in 21% of patients with bacteremia.<sup>[34]</sup> We isolated NTS one from pleural fluid in a patient with SLE and other from ascitic fluid in a patient with cirrhosis liver. It was isolated from purulent aspirate in two patients (submandibular abscess from a patient with malignancy and chest wall abscess from a patient with myeloproliferative disorder).

*Salmonella* septic arthritis is estimated to occur at a rate of 0.1%–0.2%.<sup>[35]</sup> It usually occurs in immunocompromised, but there have been reports in immunocompetent children.<sup>[35,36]</sup> We isolated three cases of NTS from septic arthritis. All of them were immunosuppressed, two patients with SLE and ALL in one patient.

Infection of urinary tract with NTS occurs only when there is occult urinary tract problem or immunosuppression.<sup>[37]</sup> We had two cases of NTS isolated from urine one from a case of SLE, and other patient is an immunocompetent adult who had a surgery for fracture of femur.

NTS shows an increase in antimicrobial resistance to the newer antimicrobials posing a serious threat to human population. This occurs mostly due to the widespread use of antimicrobials in food of animals.<sup>[38]</sup> In a study from China, only 9.2% of NTS were susceptible to all antibiotics, and *S. weltevreden* (47%) and few *S. typhimurium* (1.5%) showed pan-susceptible, others showing high rates of resistance.<sup>[39]</sup> In a FoodNet study where they analyzed the incidence of human infections due to *S. enteritidis* they found that they were highly resistant to ampicillin and nalidixic acid.<sup>[40]</sup> In our study, 5/27 of the isolates were susceptible to nalidixic acid, but others were resistant. Our isolates were susceptible to all other antibiotics indicating that multidrug resistance was not documented among NTS serotypes collected from our medical center as monitored over a period of 3 years.

As it was a retrospective study, our study had certain limitations. The primary source of NTS could not be traced and also patients could not be followed up for the outcome.

## Conclusion

*S. typhimurium* is the most common serotype isolated in our study. This study highlights the spectrum of NTS causing extraintestinal infections which is an emerging infection occurring mostly in immunosuppressed individuals. Infections due to NTS is often underestimated in the developing countries like India and accounts for the steadily increase in the proportion of human

infections during recent decades. The treatment of NTS is becoming difficult with the increasing resistance to antimicrobials. There should be a high degree of clinical suspicion which would help in the early diagnosis and management of patients.

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Nil.

## Conflicts of interest

There are no conflicts of interest.

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