

Original Article

## Coexpression of MYC and BCL2 oncoproteins in primary nodal versus primary extranodal diffuse large B-cell lymphoma

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### ABSTRACT

**Objectives:** Diffuse large B-cell lymphoma (DLBCL) is a morphologically and molecularly diversified disease with aggressive biological behavior. The double expression of *MYC/BCL2* proteins portends a poorer prognosis. This study aims to evaluate the frequency, describe the clinicopathological features of the double-expressor phenotype of DLBCL in primary nodal (PN) versus primary extranodal (PEN) sites, and investigate their associations.

**Materials and Methods:** A total of 48 patients with the double-expressor phenotype of lymphoma (DEPL) in a tertiary care hospital were included over three years. Clinicopathological parameters and associations were investigated based on the primary site.

**Statistical Analysis:** Data were documented and analyzed using appropriate statistical tests.

**Results:** The incidence of DEPL in our study was 28.7%. The median age of all DEPL patients was 56 years, with a predominance of men (69%). DEPL cases were further subcategorized as PN-DEPL ( $n = 33$ ) and PEN-DEPL ( $n=15$ ). Males were affected almost equally in both groups. More PN-DEPL patients exhibited B symptoms (82%), elevated lactate dehydrogenase (LDH) levels (73%), III/IV stage disease (71%), and maximum revised international prognostic index (R-IPI) score (64%) compared to PEN-DEPL patients. On the other hand, bone marrow (BM) involvement (87%), activated B-cell-type phenotype (80%), pathologic stage I/II (67%), and Ki67 index >90% (93%) were more common in PEN-DEPL patients.

**Conclusions:** Significant differences were observed between PN-DEPL and PEN-DEPL in terms of B symptoms, LDH levels, stage at presentation, BM involvement, pathological subtype, Ki67 index, and R-IPI score. This study provides an estimate of the burden of this aggressive entity and encourages further prognostic studies and therapeutic trials.

**Keywords:** Double expressor, *BCL2*, *MYC*, Diffuse large B-cell lymphoma, World Health Organization classification

### INTRODUCTION

Diffuse large B-cell lymphoma (DLBCL) is a clonal neoplasm distinguished by the heterogeneity of large B lymphoid cells, presenting distinct morphological subgroups and molecular variants based on gene expression profiling.<sup>[1]</sup> Cytogenetic studies have classified DLBCL based on the presence of *MYC* (8q24), *BCL2* (18q21), and *BCL6* (3q27) rearrangements, indicating a more aggressive clinical course.<sup>[1]</sup> The 5<sup>th</sup> edition of the World Health Organization (WHO) classification

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of hematolymphoid tumors recognizes a prognostic subset, high-grade B-cell lymphoma with *MYC* and *BCL2* and *BCL6* rearrangements, also known as double-hit/triple-hit lymphomas (DHL/THL).<sup>[2]</sup> While not a separate diagnostic entity in the WHO Blue Book, lymphomas coexpressing *MYC* and *BCL2* oncoproteins by immunohistochemistry (IHC) are designated as double-expressor phenotype lymphomas (DEPL), which have consistently portrayed poorer outcomes than non-double-expressor phenotype DLBCL in various studies.<sup>[3,4]</sup> Notably, the clinical behavior of DEPL is relatively better than that of DHL/THL.<sup>[5,6]</sup>

To date, the frequency and clinicopathological parameters of DEPL patients remain poorly characterized.<sup>[7,8]</sup> This study aims to elucidate the distribution and clinicopathological associations of DEPL in primary nodal (PN) versus primary extranodal (PEN) sites, contributing to a deeper understanding of disease trajectory in DEPL patients depending on the primary sites.

## MATERIALS AND METHODS

### Study methodology

Ethical approval was obtained from the Institutional Review Board and Ethics Committee for this observational, retrospective, and single-center study conducted under resource-limited settings. The study period spanned three years, from October 2021 to September 2023, at the Department of Pathology. Due to the relative rarity of DEPL cases, a convenient sampling method was used.

Pathology records of all newly diagnosed DLBCL patients confirmed by IHC were retrieved. Hematoxylin-eosin-stained slides and IHC slides were thoroughly reviewed. Molecular studies were not performed due to a lack of facilities at our institute and resource constraints.

### Definition of DEPL

Lymphomas coexpressing *MYC* and *BCL2* proteins by IHC were defined as DEPL. IHC utilized the Ventana immunostaining system (Benchmark GX) and BioGenex ready-to-use antibodies (Anti-c-*MYC* clone, EP121, and Anti-Human *BCL-2* Alpha clone, SP66) employing heat-induced epitope retrieval. Cutoff values for *MYC* and *BCL2* protein expression were decided at 40% and 50%, respectively, in accordance with most published studies.<sup>[1,8]</sup> Positive staining included moderate to strong nuclear staining for both proteins. DEPL cases were re-classified based on their primary sites as PN-DEPL and PEN-DEPL.

### Inclusion criteria

Patients eligible for inclusion in this study were those diagnosed with DLBCL who meet the criteria for the DEPL,

as defined previously. Included cases were newly diagnosed or *de novo* DLBCL instances, with tumors providing sufficient histological material for detailed analysis. In addition, the inclusion criteria required cases to have comprehensive and adequate clinical details available for a thorough examination.

### Exclusion criteria

On the other hand, cases were excluded from the study if they involved DLBCL associated with distinct disease entities as per the WHO classification.<sup>[1,2]</sup> Furthermore, cases lacking sufficient histological material for proper analysis, those without essential clinical details, and instances involving the pediatric population (individuals under the age of 18) were excluded from the study. In addition, cases of relapsed DLBCL were not considered for inclusion in this study.

Parameters analyzed in DEPL, PN-DEPL, and PEN-DEPL are presented in Table 1.

### Statistical analysis

Data were analyzed using the Statistical Package for the Social Sciences. Categorical variables were depicted as frequency and percentages. Intergroup comparison was done using the Chi-square test and Fisher's exact test.  $P < 0.05$  was considered significant. Graphical representations were done using bar charts, wherever appropriate.

## RESULTS

### Primary site distribution of DEPL

Out of 223 IHC-confirmed DLBCL cases, 56 were excluded due to a lack of adequate clinical information or histologic material, and 119 cases failed to co-express *MYC/BCL2* proteins. Thus, 48 out of 167 evaluable cases (28.7%) of DEPL, as defined previously, were included in the study. DLBCL arising from sites other than the lymph nodes was classified under PEN-DEPL.

Among these DEPLs, 69% were detected in nodal sites, while 31% were categorized as PEN-DEPL. Extranodal sites involved included the large intestine ( $n = 4$ , 2.39%), stomach ( $n = 2$ , 1.19%), liver ( $n = 1$ , 0.6%), ovary ( $n = 1$ , 0.6%), tonsil ( $n = 1$ , 0.6%), salivary gland ( $n = 1$ , 0.6%), skin ( $n = 1$ , 0.6%), testis ( $n = 1$ , 0.6%), soft palate ( $n = 1$ , 0.6%), and retroperitoneum ( $n = 2$ , 1.19%)

### Clinicopathologic features

The clinicopathologic profiles of DEPL, PN-DEPL, and PEN-DEPL patients are summarized in Table 2. The median age of DEPL patients was 56 (range, 41–86) years, with a male predominance (69%). The majority presented with B symptoms (65%), higher eastern cooperative oncology

**Table 1:** Clinicopathologic characteristics.

S. No	Parameters	Subcategories
I	Age	<60 or >60 years
II	Sex	male or female
III	B symptoms <sup>[1]</sup>	absent or present
IV	ECOG-PS <sup>[16]</sup>	“0 - Patient with no symptoms 1 - Patient with symptoms but is ambulatory 2 - Patient is bedridden for less than half the day 3 - Patient is bedridden half the day or longer 4 - Patient is chronically bedridden and requires assistance with the activities of daily living”
V	LDH level	Normal (140–280 U/L) or elevated
VI	Ann Arbor stage <sup>[1]</sup>	“Stage I - disease involving a single node or group of nodes Stage II - disease in more than one site – all lesions either below or above the diaphragm Stage III - disease on both sides of the diaphragm Stage IV - widespread involvement of extra lymphoid sites±lymph node involvement”
VII	BM involvement	Absent or present
VIII	Pathological subtype <sup>[1]</sup>	GCB type or ABC-type or unclassifiable. “All the cases were subcategorized using the Hans algorithm which utilized 3 IHC markers; CD10, BCL6, and IRF4/MUM1, each considered positive if ≥30 percent of tumor cells stained positive. <sup>[1]</sup> Strong membranous staining for CD10 and strong nuclear expression was considered positive for BCL6 and MUM1.”
IX	Ki67 labeling index	≤90 or >90 percentage; Ki-67 is a surrogate marker of proliferation. Any intensity of nuclear staining was considered positive.
X	Revised International Prognostic Score (R-IPI) score <sup>[16]</sup>	“≤3 or 4 or 5; R-IPI incorporates 5 clinical parameters: age, number of extranodal sites, LDH level, ECOG-PS, and pathologic stage.” Required data were recorded and an online calculator was used for score calculation. <sup>[16]</sup> It is an easy and valid tool for prognostic stratification.

ECOG-PS: Eastern cooperative oncology group performance status, LDH: Lactate dehydrogenase, GCB: Germinal center B-cell, ABC: Activated B-cell, IHC: Immunohistochemistry, R-IPI: Revised international prognostic index

group performance status (ECOG-PS) (67%), elevated lactate dehydrogenase (LDH) levels (56%), higher-stage disease (71%), bone marrow (BM) involvement (56%), and maximum revised international prognostic index (R-IPI) score (50%). Of the 48 cases, the majority were of the pathological activated B-cell (ABC) type (46%) with a Ki67 index >90% (60%).

The incidence of PN-DEPL was higher compared to PEN-DEPL. The median ages of patients with PN-DEPL and PEN-DEPL were 56 and 61 years, respectively. Males were affected almost equally in both groups. B symptoms, LDH level, disease stage, BM involvement, pathological subtype, Ki67 index, and R-IPI score were compared between PN-DEPL and PEN-DEPL patients. PN-DEPL patients had a higher incidence of B symptoms (82%), elevated LDH levels (73%), III/IV stage disease (71%), and maximum R-IPI score (64%). In contrast, BM involvement (87%), ABC-type phenotype (80%), disease stage I/II (67%), and Ki67 index >90% (93%) were more common in PEN-DEPL patients. The immunohistochemical features of PN-DEPL and Germinal

center B-cell (GCB) type are illustrated in Figure 1, where large monomorphic atypical cells [Figure 1a] are showing positive expression for CD20 [Figure 1b], CD10 [Figure 1c], and BCL2 [Figure 1d]. Figure 2 displays the morphological and IHC findings of PEN-DEPL (skin), ABC type, where sheets of atypical lymphoid infiltrates are seen in the dermis [Figure 2a], showing immunonegativity for CD3 [Figure 2b], strong immunopositivity for CD20 [Figure 2c], and BCL2 [Figure 2d]. A higher power view of the same is depicted in Figure 3, where large tumor cells with non-cleaved nuclei are seen [Figure 3a] with immunopositivity for CD20 [Figure 3b], MYC [Figure 3c], and BCL2 [Figure 3d].

## DISCUSSION

DLBCL is the most prevalent non-Hodgkin lymphoma, exhibiting variable clinical outcomes.<sup>[1,2]</sup> DEPL, characterized by concurrent expression of *MYC* and *BCL2* proteins, represents a subtype with a poorer prognosis necessitating aggressive interventions.<sup>[9,10]</sup>

**Table 2:** Clinicopathologic profile of patients of DEPL, PN-DEPL, and PEN-DEPL.

Parameters	Subcategories	DEPL n (%)	PN-DEPL n (%)	PEN-DEPL n (%)	P-value
Total cases		48	33 (69)	15 (31)	
Age	≤60	20 (42)	17 (51)	3 (20)	0.0592
	>60	28 (58)	16 (49)	12 (80)	
Sex	Male	33 (69)	25 (76)	8 (53)	0.1799
	Female	15 (31)	8 (24)	7 (47)	
B symptoms	absent	17 (35)	6 (18)	11 (73)	<b>0.0007</b>
	present	31 (65)	27 (82)	4 (27)	
ECOG	0-1	16 (33)	8 (24)	8 (53)	0.0963
	≥2	32 (67)	25 (76)	7 (47)	
LDH	normal	21 (44)	9 (27)	12 (80)	<b>0.0013</b>
	elevated	27 (56)	24 (73)	3 (20)	
Stage	I/II	14 (29)	4 (12)	10 (67)	<b>0.0003</b>
	III/IV	34 (71)	29 (88)	5 (33)	
BM involvement	No	21 (44)	19 (58)	2 (13)	<b>0.0051</b>
	Yes	27 (56)	14 (42)	13 (87)	
Subtype	GCB	17 (35)	15 (45)	2 (13)	<b>0.005916</b>
	ABC	22 (46)	10 (30)	12 (80)	
	unclassifiable	9 (19)	8 (25)	1 (7)	
Ki67 labeling index	≤90	19 (40)	18 (55)	1 (7)	<b>0.0016</b>
	>90	29 (60)	15 (45)	14 (93)	
R-IPI score	≤3	5 (10)	3 (9)	2 (13)	<b>0.017005</b>
	4	19 (40)	9 (27)	10 (67)	
	5	24 (50)	21 (64)	3 (20)	

The figures in bold indicate significant associations. DEPL: Double-expressor phenotype lymphoma, PN-DEPL: Primary nodal double-expressor phenotype lymphoma, PEN-DEPL: Primary extranodal double-expressor phenotype lymphoma, N: Number, ECOG: Eastern cooperative oncology group, LDH: Lactate dehydrogenase, GCB: Germinal center B-cell, ABC: Activated B-cell, BM: Bone marrow, R-IPI: Revised international prognostic index

In our study, 28.7% of DLBCL cases were classified as DEPL, a frequency comparable to previous studies.<sup>[6,11]</sup> Among 167 cases of DLBCL, Johnson *et al.* showed 21% DEPL.<sup>[3]</sup> In a study by Hu *et al.*, 34% of the cases displayed dual expression.<sup>[5]</sup> Ananthamurthy found 27.5% to be DEPL out of a total of 40 cases.<sup>[11]</sup> Overall, 20–30% of patients with DLBCL demonstrated coexpression except for the study by Mehta *et al.*, which stated a lower frequency of 11.6%, and Hashmi *et al.*, which documented a higher frequency of 35.8%.<sup>[9,12]</sup> Discrepancies in reported frequencies may be attributed to variations in *MYC/BCL2* cutoffs in different studies.

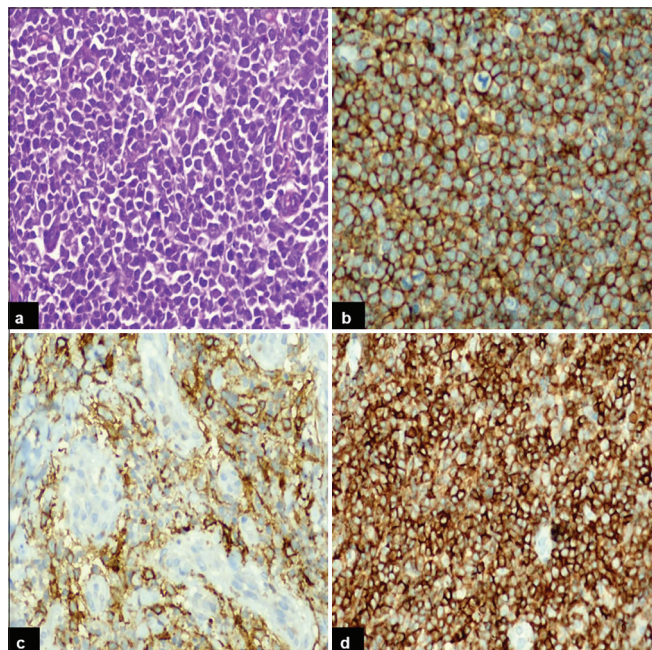
We found that DEPL was more common in males, consistent with many previous reports, except for the findings by Hashmi *et al.* who reported females as a predominant population.<sup>[9,11,12]</sup> The comparable age at diagnosis (56 years) aligns with existing literature.<sup>[3,5,7]</sup> Most DEPL patients presented with adverse features such as B symptoms, elevated LDH levels, poor ECOG-PS, and higher-stage disease (III/IV) with BM involvement, in agreement with findings by Johnson *et al.* and Green *et al.*<sup>[3,4]</sup> ABC-type phenotype was more common in DEPL in our cohort. Hu *et al.* and Hashmi *et al.* reported similar findings and postulated that ABC phenotype in DEPL may pose an

inferior prognosis.<sup>[5,12]</sup> However, the study by Ananthamurthy found almost equal representation of both GCB and ABC phenotypes in DEPL.<sup>[11]</sup> The association of coexpression of *MYC/BCL2* with a higher Ki67 labeling index, as observed in our study, corroborates findings by Hashmi *et al.*<sup>[12]</sup> However, the role of the Ki67 labeling index in boosting DLBCL cases for dual expression or genomic studies remains debated, as highlighted by Mehta *et al.*<sup>[9]</sup>

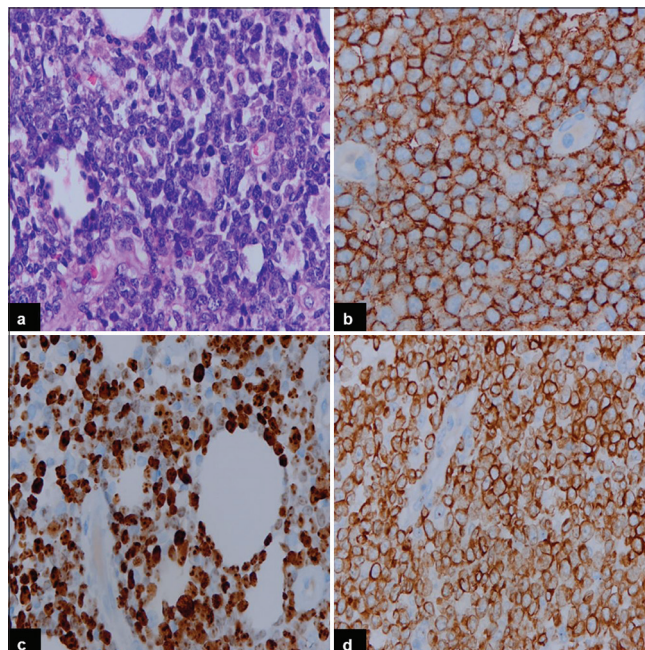
A meticulous review of published literature revealed few studies documenting the occurrence and clinicopathological parameters of DEPL.<sup>[13,14]</sup> Only a handful of studies explored the clinicobiologic profiles of PN versus PEN-DLBCL patients, depicting significant clinical and genetic differences between them.<sup>[15-17]</sup> To the best of our knowledge, this study is the first attempt to explore the clinicopathological features of DEPL based on their primary sites.

The observed predominance of PN-DEPL over PEN-DEPL in our study, reflecting the higher frequency of PN-DLBCL, aligns with existing literature.<sup>[18,19]</sup> This finding is in agreement with the study by Hashmi *et al.* but differs from Mehta *et al.*, who reported an equal distribution of DEPL in nodal versus extranodal sites in the cohort of 20 cases.<sup>[9,12]</sup> A slight male predominance was noted in both PN-DEPL and PEN-DEPL groups in our study, consistent with studies by

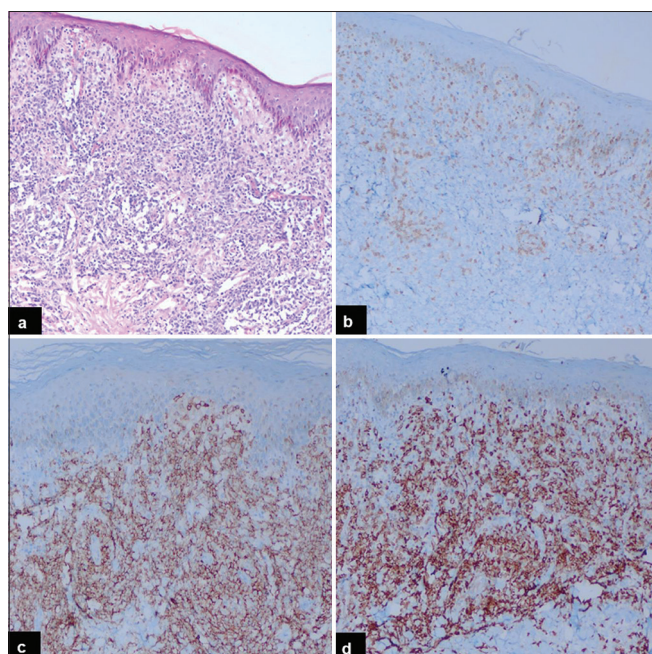




**Figure 1:** Immunohistochemical findings of primary nodal-double-expressor phenotype of lymphoma, germinal center B-cell type: (a) Diffuse sheet of monomorphic large cells (Hematoxylin and eosin, ×40), (b) the tumor cells strongly express CD20, (c) CD10, and (d) BCL2 (Diaminobenzidine, ×40).



**Figure 3:** Immunohistochemical findings of primary extranodal-double-expressor phenotype of lymphoma (skin), activated B-cell phenotype (high power): (a) The tumor cells are large in size with non-cleaved nuclei (Hematoxylin and eosin, ×40). (b) The tumor cells show immunopositivity for CD20, (c) MYC, (d), and BCL2 (Diaminobenzidine, ×40).



**Figure 2:** Immunohistochemical findings of primary extranodal-double-expressor phenotype of lymphoma (skin), activated B-cell phenotype (low power): (a) A diffuse sheet of atypical lymphoid cells seen in the dermis (Hematoxylin and eosin, ×20). (b) CD3 highlights reactive T lymphocytes (Diaminobenzidine, ×20). (c) CD20 stains atypical B-cells (Diaminobenzidine, ×20). (d) The tumor cells express BCL2 (Diaminobenzidine, ×20).

Shi *et al.*, Candelaria *et al.*, and Khan *et al.* concerning the PN/PEN-DLBCL cohort.<sup>[20-22]</sup>

Significant associations between PN-DEPL and PEN-DEPL were observed in B symptoms, LDH level, disease stage at presentation, BM involvement, pathological subtype, Ki67 index, and R-IPI. Despite the relative rarity of DEPL, we attempted to draw parallels between DLBCL and DEPL based on their primary sites. Møller *et al.* reported that patients with PEN-DLBCL were older and had higher ECOG-PS.<sup>[19]</sup> However, in our study, no significant association was found regarding age and ECOG-PS between PN-DEPL and PEN-DEPL patients.

PN-DEPL patients were more likely to present with B symptoms (82%), elevated LDH levels (73%), stage III/IV disease (71%), and maximum R-IPI score (64%) compared to PEN-DEPL patients, indicating a higher tumor burden. These findings align with studies by Shi *et al.*<sup>[20]</sup> and Khan *et al.*<sup>[22]</sup> Consistent with previous literature, we noticed that ABC-type phenotype (80%), Ann Arbor stage I/II (67%), Ki67 index >90% (93%), and BM involvement (87%) were more common in PEN-DEPL.<sup>[20]</sup> In contrast, Khan *et al.*<sup>[22]</sup> reported a lower rate of BM involvement in PEN-DLBCL, and Kim *et al.* found no differences in the frequencies of GCB and ABC subtypes in the compared groups.<sup>[18]</sup> Our observation, however, complies with the study by Candelaria

*et al.*,<sup>[21]</sup> which also showcased the gastrointestinal tract as the most common site of extranodal lymphoma. The variation in findings among different studies emphasizes the complexity and heterogeneity of DEPL in different primary sites.

Numerous studies have aimed to assess the relative prognostic importance of genetic alterations and phenotypic and microenvironmental biomarkers in DLBCL. Although high-throughput proteomic profiling has not yet been applied to DLBCL subtyping, the concurrent expression of MYC and BCL2 proteins is a well-established prognostic marker in this lymphoma type.<sup>[23]</sup> So far, only a handful of studies have reported on the coexpression of *MYC/BCL2* in different primary sites, and therefore, the prognostic role of double expression status in this clinical outline remains unpredictable. Future studies are recommended to evaluate the reasons and factors contributing to these unknown associations.

The study's strength lies in the availability of a complete IHC workup, allowing an unambiguous diagnosis of DEPL and an examination of its characteristic profile based on primary sites. This study provides an estimate of the burden of this aggressive entity, encouraging further prognostic studies and therapeutic trials.

The drawback in our study involved the fact that DEPL cases subjected to molecular testing might have shown gene rearrangement (*MYC/BCL2*). Depending on the results, patients of DEPL would have stratified to a smaller cohort of DHL cases, thus altering the true sample size. It is also worth mentioning here that, unlike the reproducibility of the molecular cytogenetic technique, the IHC analysis has more variability associated with it. Another limitation can be the cutoff threshold assigned for consideration of positivity for *MYC* and *BCL2* oncoprotein expression might have compromised the sample size and subsequent associations. Furthermore, we could not compare the outcomes of DEPL, PN-DEPL, and PEN-DEPL patients, which need to be urgently validated in a larger prospective cohort.

## CONCLUSIONS

The retrospective nature of the study, resource constraints, and limitations related to the reproducibility of IHC analysis, molecular testing, and follow-up data should be acknowledged. Despite these limitations, the study comprehensively characterizes the clinical and pathological framework of DEPL, highlighting significant differences between PN-DEPL and PEN-DEPL. Testing for *MYC* and *BCL2* rearrangements remains imperative in this subset to survey if they delineate to DHL. Further, research with larger prospective cohorts and long-term follow-up is recommended to assess molecular differences and

understand the biological behavior of DEPL in nodal and extranodal primary sites for optimal treatment selection.

## Ethical approval

The research/study was approved by the Institutional Review Board at Sri Aurobindo Medical College and Postgraduate Institute, number SAIMS/RC/IEC/156/23, dated July 10, 2023.

## Declaration of patient consent

The authors certify that they have obtained all appropriate patient consent.

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Nil.

## Conflicts of interest

There are no conflicts of interest.

## Use of artificial intelligence (AI)-assisted technology for manuscript preparation

The authors confirm that there was no use of artificial intelligence (AI)-assisted technology for assisting in the writing or editing of the manuscript and no images were manipulated using AI.

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